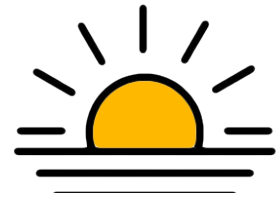


JUMP INTO JUNE CHECKLIST

June 1st - 30th

Complete our checklist of ten on-the-move activities during the month of June and you'll earn a summertime surprise* (over 100 prizes available!)

(Not necessary, but we love to hear where you went if you wanted to add a few comments to your checklist.)



Run/walk at sunset – take advantage of these longest days of the year.



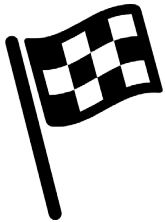
Run/walk on a roadtrip - anywhere outside of the town you live in counts.



Run/walk to the point where you go “Whew!!!” – Pick up the pace, take to a hill, or just do anything that gets your heart pumping!



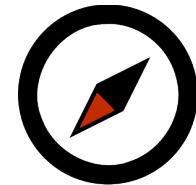
Run/walk by the water – not necessary, but bonus if you stick your feet in, too.

Revisit one of your favorite race course routes to get motivated for your next in-person event.



Take to a trail – Goodbye mud, hello forested fun!



Shake it up with something new – Go on a route you haven't ever done or haven't visited in at least 6 months.



Shed some layers – Free yourself by wearing shorts, a tank top or t-shirt or even go shirtless!



Run/walk with someone else – Reconnect with a buddy or group on an on-the-move outing.



Take it easy – Summertime is the perfect time to stroll or stop along your route to gaze at your surroundings.

WHAT DO I DO?

- Check off only one box per outing, but you have the entire month of June to complete the checklist.
- After checking all the boxes, send us your checklist to runners@fairhavenrunners.com by June 30th. We'll randomly select entrants to win the various prizes, but everyone will earn a summertime surprise.
- In early July, we'll let you know what you earned and when it's ready for pick up at the store. (We won't be mailing out any prizes.)

***WHAT WILL THE PRIZES INCLUDE?**

We'll be giving away Brooks stainless steel pint glasses with Stone's Throw Brewery coins for a beer or rootbeer, Goodr running sunglasses, Nathan hydration carriers, sport sunscreen, Fairhaven Runners t-shirts and Altra neck gaiters.